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Ways to help your child settle in Nursery

- Your child will be excited about coming to Nursery, but may find some things difficult when they arrive.
- They may find mixing with other children challenging.
- They may be worried about using the toilet, having to hang up their coat, put their coat on, take it off.
- They may find it difficult leaving parents or want parents to stay with them.

What can you do to help?

- Help your child to understand that they will be going to Nursery every day.
- Even if you are worried about your child settling happily, try to keep these worries to yourself.
- Reassure your child that they will enjoy Nursery.
- Reassure your child that you will be back to pick them up.
- Try to leave when you say you will, hanging around for longer can make your child more anxious.
- **Always** collect your child on time
- Be reassured that most children will stop crying within a few minutes of you leaving.

What can we do to help?

- You and your child will have caring staff who will be interested in making sure your child settles with little disruption. They will be assigned a key person to work closely with them and you.
- Your child's key person will work with you to make the transition process as smooth as possible.
- Staff will be aware of your child's interests.
- Staff will monitor your child closely and keep you informed of any issues.
- Staff will work closely with your child, to ensure their individual needs are being met.

What more can we do to help?

Please let us know if you have any worries about your child so that we can work together to address these.

